

## Set Screen Time Limits and Device Locks

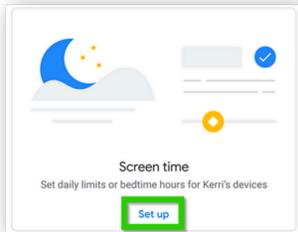
Family Link helps manage your child's screen time with automatic device locks. A locked device can only accept incoming calls or make emergency calls. It can't be opened or display notifications. Start by opening the app on the parent's phone.

### Set daily screen time limits

Daily limits allows you restrict how many hours of screen time your child gets each day. Once their time is used up, the device won't allow access.

### Open the Family Link app.

Tap the child account you wish to manage. Scroll down to Screen time and tap Set up.



### Set a daily bedtime

Lets you lock the device when your child should be in bed, so the device can't be used.

In screen time settings, tap Bedtime.

Set a bed time for each day. Put a checkmark next to a day you want to enforce a bedtime. Remove the check when you want no limit, like on a weekend. To disable bedtime limits, use the slider toggle next to Scheduled.

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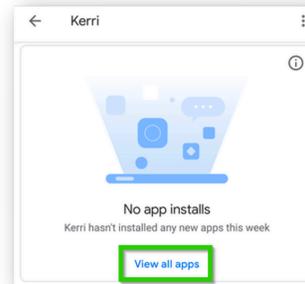
## Set App Restrictions

Family Link allows you to manage which apps a child can use. Block or allow certain apps, change permissions, filter mature apps and see app history all in one spot.

Block, allow and set time limits on apps Review which apps your child is using today, yesterday, the last 7 days and the last 30 days. Control which apps your child can use and for how long they can use them.

Open the Family Link app.

Tap the child account you wish to manage. Scroll down to apps and tap **View all apps**.

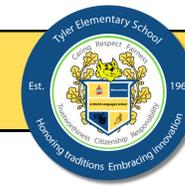


Tap **Limits** to begin setting up a cap on how much time your child can spend on specific apps. limits

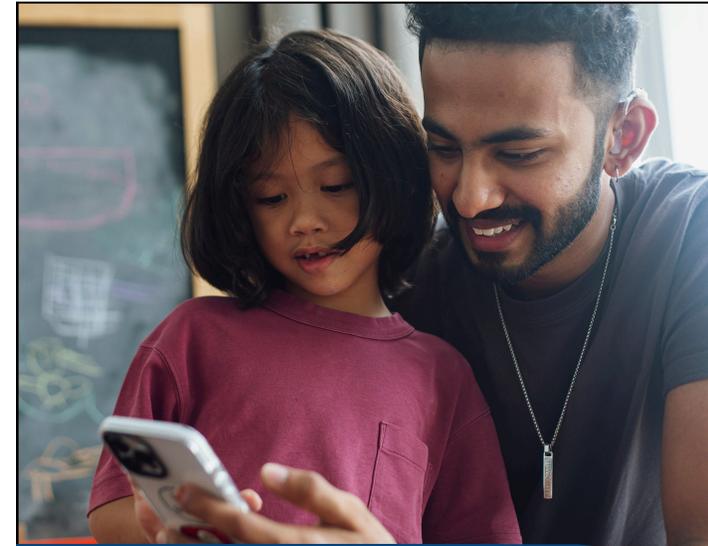
Tap the **hourglass** next to an app, then select Set limit. set limit

Tap **block** if you simply wish to block the app. It takes about one minute for the app to disable, and your child will get a message letting them know the app is about to be stopped.

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Google Family Link  
and Parental Controls  
on Android Devices

Scan the QR code for video guides  
and other helpful information



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## Set Up Family Link on Parent's and Child's Devices

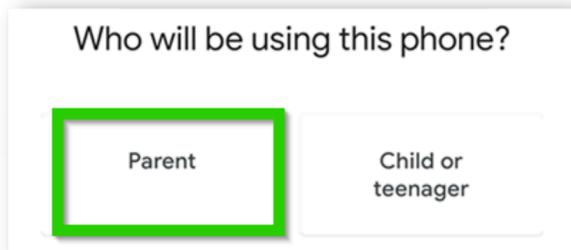
To set up Family Link, you'll need at least two devices; one for the parent and another for the child. Follow these steps to install the Family Link app and set up supervision. Repeat these steps for any other accounts or devices you wish to add to Family Link.

### On the parent's Android or iOS device

- Make sure your . Some Family Link features are only available on devices running Android 6.0 and up.
- Install the Google Family Link for parents app on the device you'll be managing the account from.
- Open the Family Link app.

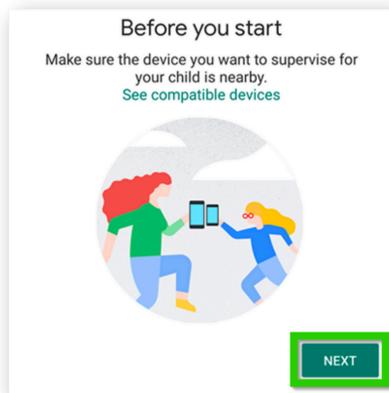


- Read or skip through the features showcase.
- Tap Get Started.
- Select the Google Account you want to be the "Parent" account.
- Tap Parent.

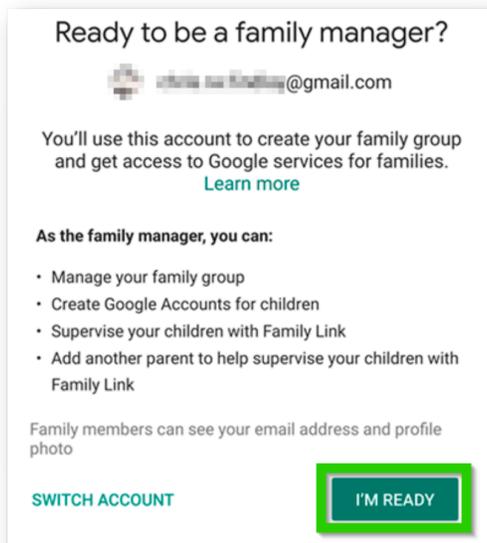


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- Make sure the device you want to supervise for your child is nearby. Tap **Next**.

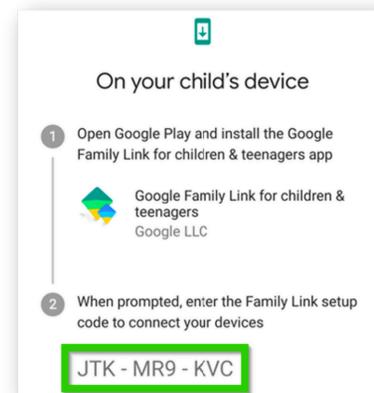


- The family manager can manage the family group, create Google Accounts for kids, supervise kids in the Family Link app and add another parent. Tap **I'm Ready** if you want the Google Account shown to become the family manager. If you're already a family manager, select Continue.



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- Does your child have a Google Account? If they do, it'll be an address ending in @gmail.com. There are a number of ways to , but it can also be done here as well. Select **No** to create a new account or **Yes** to select an existing account.
- Follow the on-screen instructions to create an account or enter the credentials for an existing account.
- You will be given a nine-digit Family Link setup code in order to connect your device to your child's. Keep this screen up so that it's handy. We'll be using this code shortly.



- On the child's Android device
- Install the Google Family Link for children & teens app on the Android device you wish to supervise.
- Open the Family Link app on the child's device. Follow the on-screen instructions.
- family link for children and teens
- When prompted, enter the nine-digit Family Link setup code from earlier. Once the devices link together, review the information before finishing up.

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