App time limits can be set now or you can set them later. Tap Set App Limit or Not Now.



Select what you would like to limit. Choose the limited time and tap Add.

ancel	Choose Apps Next	🗢 TĂTĂ Iba	1:37 PM		-
	Children Apps here	K Back	All Apps &	& Categories	Add
TEGORI	15				
	All Apps & Categories	Time			Set
9	Social Networking FaceTime, Pinterest, and 8 more				
	Games			57	
	GTA Vice City, RWBY, and 35 more			59	
1	Entertainment SketchBook, Podcasts, and 4 more		0 hours	0 min	
•	Creativity		1	1	
	Photos, PS Express, and 3 more		2	2	
Ú	Productivity Progressive, Authenticator, and 23 more				
*	Education Skelly, Learn how to draw, and 3 more	App limits apply to all devices that are using iCloud for Screen Time, A notification will appear five minutes before			
	Reading & Reference comiXology, Compass, and 7 more	APPS & CATEC	IS.		
ð 6	Health & Fitness myCigna and Health	All Apps & Categories			
	Other Home Sensi and 8 more				

Set What Is Always Allowed Always Allowed lets you make exemptions to your rules. What you choose here is always available regardless of restrictions.

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	Settings		C Settings Scre	en Time
?	Wi-Fi	4.0078 >	SCREEN TIME	Today at 135 P
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(il)	Cellular	>	Phone Settle 7m 1m	nge
ଡ	Personal Hotspot	Off >	Downtime Schedule time awa	y from the screen.
			App Limits Set time limits for a	apps.
3	Notifications	>	Choose apps you y	want at all times.
0)	Sounds	>	O Content & Privac Block inappropriate	y Restrictions e content.
C	Do Not Disturb	>	Use Screen Time Pass	code
Ţ	Screen Time		Use a passoode to secure to for more time when limits and	preen Time settings, and to above pire.
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Enable and Set Content and Privacy Restrictions

With Content & Privacy Restrictions in Screen Time, you can block or limit specific apps and features on your child's device. And restrict the settings on your iPhone, iPad, or iPod touch for explicit content, purchases and downloads, and privacy.

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Setting	s	C Settings Sc	reen Time	
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Screen Time	>	Use a passoode to secure for more time when limits	Screen Time settings, an orpire.	ed to allow

Review Screen Time

Screen Time gives you a detailed report about how your device is used, apps you've opened, and websites you've visited, any time that you want to see it.

ati at&t		• +
	Settings	
Ŷ	Wi-Fi	
*	Bluetooth	On >
(([†]))	Cellular	>
୍ବ	Personal Hotspot	Off >
	Notifications	>
())	Sounds	>
C	Do Not Disturb	>
X	Screen Time	>

Then click on the device that you would like to review the Screen Time usage for and to see what apps have been used.

6





Screen Time and Parental Controls on an Apple Device

Scan the QR code for video guides and other helpful information



5

Family Sharing

With Family Sharing, you can not only share all your iTunes and App Store purchases with your family, but you can set it so that parents require that younger children ask permission before purchasing content. You can then receive a request and either accept or deny it right from your own iPhone or iPad.

To start a Family Group: Select Settings.



Select your Apple ID



Select Set Up Family Sharing.



Select Get Started.



Select a feature you would like to enable within Family Sharing.



To invite people to join your Family Sharing group: Select Settings. Select your Apple ID.

Select Family Sharing.

Select Add Family Member.



Options for adding a new family member to family sharing will appear. Select an option to begin sending an invitation to join your family sharing group.



Set Up Screen Time

With Screen Time, you can access realtime reports about how much time you spend on your iPhone, iPad, or iPod touch, and set limits for what you want to manage.

Open Settings on your device. **Tap Screen Time**.

-		
N	Sounds	>
C	Do Not Disturb	>
I	Screen Time	>

You can set a time when your device will not be used. Select your time and **tap Set Downtime or tap Not Now.**

