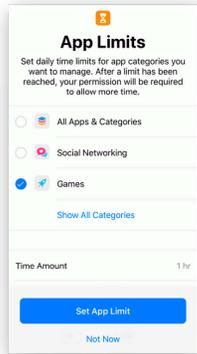
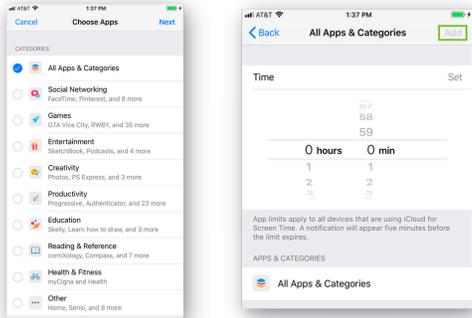


**App time limits** can be set now or you can set them later. Tap Set App Limit or Not Now.

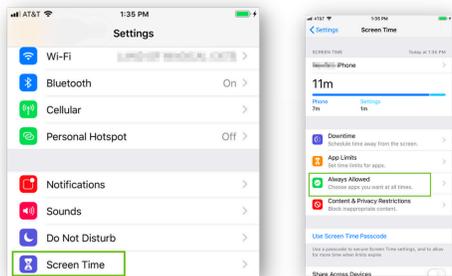


Select what you would like to limit. Choose the limited time and tap Add.



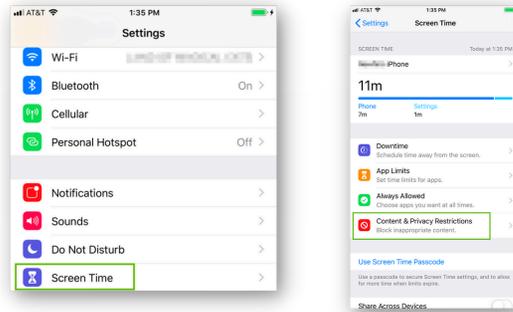
### Set What Is Always Allowed

Always Allowed lets you make exemptions to your rules. What you choose here is always available regardless of restrictions.



## Enable and Set Content and Privacy Restrictions

With Content & Privacy Restrictions in Screen Time, you can block or limit specific apps and features on your child's device. And restrict the settings on your iPhone, iPad, or iPod touch for explicit content, purchases and downloads, and privacy.



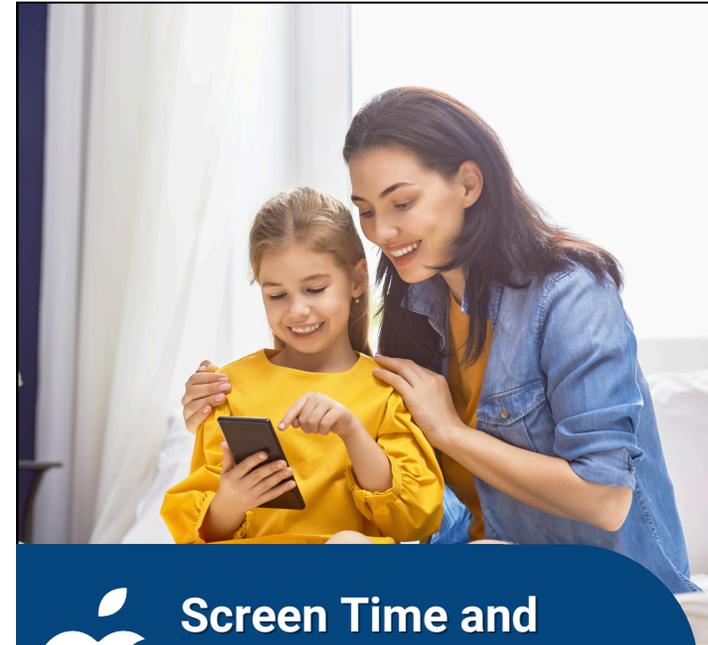
### Review Screen Time

Screen Time gives you a detailed report about how your device is used, apps you've opened, and websites you've visited, any time that you want to see it.



Scan the QR code for video guides and other helpful information

Then click on the device that you would like to review the Screen Time usage for and to see what apps have been used.



## Screen Time and Parental Controls on an Apple Device

Scan the QR code for video guides and other helpful information



## Family Sharing

With Family Sharing, you can not only share all your iTunes and App Store purchases with your family, but you can set it so that parents require that younger children ask permission before purchasing content. You can then receive a request and either accept or deny it right from your own iPhone or iPad.

### To start a Family Group:

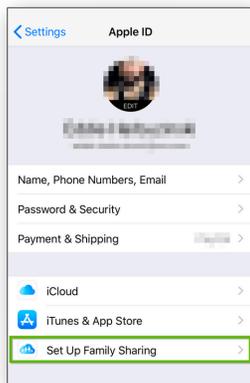
Select Settings.



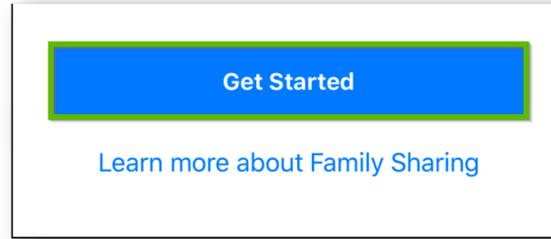
Select your Apple ID



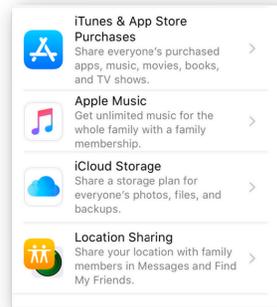
Select Set Up Family Sharing.



Select **Get Started**.



Select a feature you would like to enable within Family Sharing.



To invite people to join your Family Sharing group:

Select Settings.

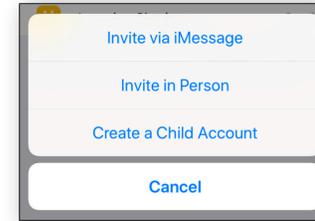
Select your Apple ID.

Select **Family Sharing**.

Select **Add Family Member**.



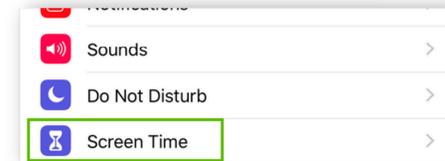
Options for adding a new family member to family sharing will appear. Select an option to begin sending an invitation to join your family sharing group.



### Set Up Screen Time

With Screen Time, you can access real-time reports about how much time you spend on your iPhone, iPad, or iPod touch, and set limits for what you want to manage.

Open Settings on your device. Tap **Screen Time**.



You can set a time when your device will not be used. Select your time and tap **Set Downtime** or tap **Not Now**.

